

Herrick Primary - Week 2

Paul

-  Cereals Containing Gluten
-  Peanuts
-  Tree Nuts
-  Milk
-  Eggs
-  Crustaceans
-  Fish
-  Celery and Celeriac
-  Soya and Soya Products
-  Sesame Seeds
-  Molluscs
-  Mustard
-  Lupin
-  Sulphites
-  GM Foods
-  Vegetarian
-  Vegan
-  Gluten Free

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Wholemeal Chicken & Sweetcorn Pizza Baguette - Halal Does Contains:   Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:  Sesame Seeds Modifiers:	Chicken Korma - Allergy Free - Halal Does Contains: May Contain: Modifiers:	Roast Chicken - Halal Does Contains: May Contain: Modifiers:	Macaroni Cheese with Chicken Chilli Topping - Halal Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:   Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Battered Fish Fillet (battered pollock) Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Fish May Contain: Modifiers:
Vegetarian Meals	Wholemeal Rainbow Vegetable topped Pizza Baguette  Does Contains:   Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:  Sesame Seeds Modifiers:	Lentil Dhal (VG)  Does Contains: May Contain:    Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac, Mustard Modifiers:	Roasted Vegetable & Lentil Wellington (VG)  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Celery and Celeriac May Contain:    Soya and Soya Products, Lupin, Mustard Modifiers:	Macaroni Cheese (KEEP) Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:   Gluten (Barley), Gluten (Rye), Gluten (Oats), Soya and Soya Products Modifiers:	Cheese & Tomato Turnover (EF)  Does Contains:   Gluten (Wheat), Cereal Containing Gluten, Milk May Contain:    Soya and Soya Products, Lupin, Mustard Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
Sides	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers: Spiced Saute Potatoes / Cumin Diced Potatoes (VG)  Does Contains: May Contain: Modifiers:	50/50 Rainbow Rice / Savoury Rice (VG)  Does Contains:  Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers: Naan Bread (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain: Modifiers:	Gravy (VG)  Does Contains: May Contain: Modifiers: Roast Potatoes (VG)  Does Contains:  Sulphites May Contain: Modifiers: Cauliflower (half portion) (VG)  Does Contains: May Contain: Modifiers: Carrots (half portion) (VG/GF)  Does Contains: May Contain: Modifiers:	Sweetcorn (half portion) (VG)  Does Contains: May Contain: Modifiers: Peas (half portion) (VG)  Does Contains: May Contain: Modifiers: Wholemeal Garlic Bread  Does Contains:  Gluten (Barley), Gluten (Wheat), Cereal Containing Gluten May Contain:  Sesame Seeds Modifiers:	Farmhouse Mixed Vegetables (VG)  Does Contains: May Contain: Modifiers: Chips (VG)  Does Contains: May Contain: Modifiers:
Third Option					

	Monday	Tuesday	Wednesday	Thursday	Friday
	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Side Salad (VG/GF/DF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Jacket Potato Grated Cheese Topping  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:	Twisty Pasta (VG)  Does Contains:  Gluten (Wheat), Cereal Containing Gluten May Contain:  Gluten (Barley), Gluten (Rye), Gluten (Oats) Modifiers:
	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:
	Twisty Pasta Topping - Tomato Sauce (VG/GF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG/GF/DF)  Does Contains: May Contain: Modifiers:	Jacket Potato Baked Beans Topping (VG)  Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:	Twisty Pasta Topping - Grated Cheddar (GF)  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Twisty Pasta Topping - Grated Cheddar (GF) 🌱 Does Contains: 🧴 Milk May Contain: Modifiers:	Jacket Potato Grated Cheese Topping (VG/GF/DF) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Tuna Topping Does Contains: 🐟 Fish May Contain: Modifiers:	Jacket Potato Grated Cheese Topping (VG) 🌱 Does Contains: May Contain: Modifiers: Jacket Potato Tuna Topping Does Contains: 🐟 Fish May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) 🌱 Does Contains: May Contain: Modifiers:	Twisty Pasta Topping - Vegan Grated Cheddar (VG/DF) 🌱 Does Contains: May Contain: Modifiers:
Desserts	Yogurt (Mullerlight) 🌱 Does Contains: 🧴 Milk May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🧴 Milk May Contain: Modifiers: Fruit - Orange (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🧴 Milk May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight) 🌱 Does Contains: 🧴 Milk May Contain: Modifiers: Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers:	Fruit - Banana (VG) 🌱 Does Contains: May Contain: Modifiers: Fruit - Grapes (VG) 🌱 Does Contains: May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Fruit - Banana (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:
	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Grapes (VG)  Does Contains: May Contain: Modifiers:	Fruit - Apple (VG)  Does Contains: May Contain: Modifiers:	Fruit - Orange (VG)  Does Contains: May Contain: Modifiers:	Yogurt (Mullerlight)  Does Contains:  Milk May Contain: Modifiers:
	Rice Pudding with a Mixed Berry Sauce  Does Contains:  Milk May Contain: Modifiers:	Raspberry & Mandarin Jelly (VG)  Does Contains: May Contain: Modifiers:	Watermelon Wedges (VG)  Does Contains: May Contain: Modifiers:	Oatmeal Fruit Pizza  Does Contains:   Cereal Containing Gluten, Gluten (Oats), Gluten (Wheat), Milk May Contain:   Gluten (Barley), Soya and Soya Products Modifiers:	Vanilla Smoothie  Does Contains:  Milk May Contain: Modifiers:

	Monday	Tuesday	Wednesday	Thursday	Friday
					Mini Chocolate Cookie (VG)  Does Contains: 🌾 Gluten (Wheat), Cereal Containing Gluten May Contain: 🥚 Soya and Soya Products Modifiers: